

# My 220 Life Worksheet- Part I

1. Close your eyes. Imagine it's Monday morning, and you just woke up in your bed. **But it's the year 2030.**
2. Now read the questions in the grey box under "Work" and imagine with your eyes closed answers to those questions for 2030.
3. Write down notes of what you imagined and write them in the clear box under "Work".
4. Repeat for "Lifestyle" and "Relationships".

Work	Lifestyle	Relationships
<p><b>In 2030 on Monday Morning:</b></p> <ul style="list-style-type: none"> <li>✓ What do you have to do on a Monday?</li> <li>✓ Will you still be in school? Or will you be working?</li> <li>✓ What will you be going to school for? Or what is your job?</li> <li>✓ Do you enjoy what you're learning? Or enjoy your job?</li> <li>✓ What is your work schedule?</li> </ul>	<p><b>In 2030 at 5pm on Friday:</b></p> <ul style="list-style-type: none"> <li>✓ What do you do outside of work with free time?</li> <li>✓ What are your hobbies?</li> <li>✓ Where do you live?</li> <li>✓ What do you own?</li> <li>✓ What causes do you support, through volunteering or otherwise?</li> </ul>	<p><b>In 2030:</b></p> <ul style="list-style-type: none"> <li>✓ What are your most important relationships?</li> <li>✓ What do you value most about these relationships?</li> <li>✓ How often do you see these people and what do you do together?</li> <li>✓ How often do you see your family? Do you have a family of your own?</li> </ul>
Empty space for student notes	Empty space for student notes	Empty space for student notes

# My 220 Life Worksheet- Part II

1. Watch [this video](#), read [this article](#), or do both.
2. Repeat what you did in Part I, but this time answer the questions assuming **NO LIMITS, 12/10 EXCITEMENT TO JUMP OUT OF BED EVERY MORNING- WHAT DOES THAT LIFE LOOK LIKE?**

Work	Lifestyle	Relationships
<p><b>In 2030 on Monday Morning:</b></p> <ul style="list-style-type: none"> <li>✓ What do you have to do on a Monday?</li> <li>✓ Will you still be in school? Or will you be working?</li> <li>✓ What will you be going to school for? Or what is your job?</li> <li>✓ Do you enjoy what you're learning? Or enjoy your job?</li> <li>✓ What is your work schedule?</li> </ul>	<p><b>In 2030 at 5pm on Friday:</b></p> <ul style="list-style-type: none"> <li>✓ What do you do outside of work with free time?</li> <li>✓ What are your hobbies?</li> <li>✓ Where do you live?</li> <li>✓ What do you own?</li> <li>✓ What causes do you support, through volunteering or otherwise?</li> </ul>	<p><b>In 2030:</b></p> <ul style="list-style-type: none"> <li>✓ What are your most important relationships?</li> <li>✓ What do you value most about these relationships?</li> <li>✓ How often do you see these people and what do you do together?</li> <li>✓ How often do you see your family? Do you have a family of your own?</li> </ul>