

2024 MOSAC SESSION LIST

DOUBLE WORKSHOP SESSION (2.25 CLOCK HOURS)

Bullying

Breona McNeil, LINC
Damon King, LINC & Carl Wade, LINC

-Understand Bullying -Identify different types of bullying - Identify causes of bullying -Identify strategies to reduce bullying in your school.

leader-grit, Emotional IQ & Social-Emotional Learning

Julia Gabor, www.kid-grit.com

Are your team members feeling the love? If your team seems disconnected, it's time to pay attention to their emotional well-being. Leaders often underestimate the role of emotions in building a positive workplace culture. Join us for a session that connects emotional intelligence and SEL. You'll walk away with effective strategies to enhance your school or workplace climate. These tools will help you and your boost emotional intelligence, and create a more productive and positive environment.

Program Director's Round Table Discussion

Terri Foulkes, MASN
Ashlee Liska, MASN

Let's use the Unconference format to flip the script and feature the true experts in program administration - you and your colleagues. During an Unconference session, participants pitch topics of interest and contribute to peer learning by sharing experiences and best practices. The Unconference format ensures topics are relevant to attendees - if you don't see the topic you want to discuss, just propose it!

Leadership Lab: Level Up Your Site Management with Fun, Skills, and Strategy

Hailee Moehnke, Mizzen Education
Kristin Stayer, Mizzen Education

Elevate your site management game and have some fun along the way! Dive into an interactive experience packed with engaging activities and lively discussions designed to boost your leadership skills, sharpen your strategic planning, and supercharge your team development. Bring your energy, enthusiasm, and a willingness to learn—and leave with free resources, practical skills, fresh ideas, and a renewed sense of confidence.

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Moomba - Let's Get Together And Have Some Fun

Jana Ramsey, Adventure Club

Moomba focuses on the need to get out of your head and be in the moment. It is a joyful experience of games and silliness. The games can be taught to children & adults of all ages in order to reinforce teamwork, communication, camaraderie, joy, and playfulness. There is no equipment needed to have fun together and support each other and this workshop will reinforce the importance of positivity & inclusivity through play.

Building Community

Melanie Scott, LINC
Andrew Smith, LINC

This is part of the Youth Works Methods series. Participants in this workshop will:
Learn what it means to build community
Use games to build community
Practice community-building games.

Squatutu's Playplace

Tyler Kearns, Clayton School District:
Clayton Kid Zone
Kim Albrecht, Clayton Kid Zone

Join Squatutu, Tyler, and Kim from Clayton Kid Zone in Squatutu's Playplace as they take you on a journey to enhance your creativity, imagination, and fun. Warm up with some quick games and jump in to the action. Learning and using concepts from Makerspace, STEM, Project Based Learning, and Play, participants will create engaging group games and activities that they can take back to programming the very next week. Come play with Team KZ where the fun never stops.

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Empowering Parents through Educational Events

Colleen Abbott, BR Consulting

"I can't teach this new math." "She has so many issues at homework time." "I don't know how to help him become a better reader." Have your parents ever made comments like this? If so, this session will provide examples of resources and logistics of educational events, including Lights on Literacy, Magic of Math, and SEL for Success, Implemented at the Eldon LEAP program.

Teaching Critical Thinking in Afterschool

Megan Becwar, MU Adventure Club

Learn to spark critical thinking with fun games, debates, reflection strategies, and more, so that students can unleash their inner detectives.

Missouri Health Careers

Key Okolo, Missouri Hospital Association

Discover a wealth of knowledge about "hidden" careers in healthcare! Gain insights into different career paths, skill requirements, and industry trends to better guide your students.

Empowering Kindhearted Kids

Rachael Allen, Two by Two Character Development

Character development and social-emotional learning (SEL) are more critical than ever as youth navigate the complexities of forming meaningful connections, managing behavior, and coping with today's social and emotional pressures. Join Two by Two Character Development to identify the social and emotional challenges youth face today and discuss effective best practices to implement. Our Kindhearted Kids program will demonstrate how to foster genuine connections and authentic voices. Leave equipped.

The Expressive Arts Experience

Michaela Flores, Moving Ahead Program

This workshop will be teaching the process of the expressive therapies continuum (ETC). The ETC is a dynamic expressive arts technique that helps behavioral, emotional and social regulation.

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Green St. Louis Machine: An Aeroponic Gardening Extraveganza

Mary Bueckendorf, Gene Slay's Girls & Boys Club

Emi Belciak, Kairos Academies

Join us for a hands-on exploration of aeroponic gardening and entrepreneurship. See what it brings to our after school population! Through Green St. Louis Machine, young people explore social justice as they learn about food apartheid. They develop agency and self-reliance as they advocate for better food choices for their community and hone their gardening skills. As they make value added products, they experience entrepreneurship. You will walk away with your own bath bomb!

Your health matters, too! 3 Simple "Me Moment" Activities

Daniel Hatcher, Alliance for a Healthier Generation

In this play-based workshop, we'll explore simple practices to support our own mental and physical health during the workday. Together, we'll practice breathing exercises and art activities to help us prioritize our own well-being as we take care of others.

Incorporating SEL into Youth Civic Education

Natalie Hampton, Missouri AfterSchool Network

Deborah Taylor, Missouri AfterSchool Network

Youth can learn key SEL competencies: social awareness, relationship building, and responsible decision making, by becoming involved in their communities and feeling invested in the political process. In this workshop, you will learn how to connect SEL and civic engagement and ideas for sparking youth interest. Most importantly, we'll help you develop confidence in your own community and civic engagement so you can facilitate this process for youth in your program.

Center Youth Voice: 5 Simple Activities

Daniel Hatcher, Alliance for a Healthier Generation

To encourage young people to share their passion requires us to appreciate and acknowledge the unique facets of their lived experiences and identities. This interactive workshop will explore intentional ways to share power with youth and create space for their ideas.

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The Power of Words: Transforming Allyship Language

Lorenzo Harrison, Lorenzo Harrison
Enterprise

Join this engaging and thought-provoking workshop as we explore the power of language in promoting inclusivity and learn how to cultivate an environment of allyship. Gain practical strategies and tools to use inclusive language effectively, empowering you to create a more inclusive and welcoming afterschool program for all students and staff.

"Unleash Your Imagination: A Fun-Filled Adventure for Youth!"

Philece Horton, ARCHS

"Unleash Your Imagination" is a fun and interactive workshop for those working directly with children that explores the power of imagination through various activities such as storytelling, art, and games. This session aims to encourage children to use their imagination in everyday life and to have a blast while doing so. Join us for a fun-filled adventure that will unleash your child's creativity and imagination!

Expanding After-School Opportunities with Missouri 4-H

Julianna Thrasher, Missouri 4-H
Brad Coleman, Missouri 4-H
Fred Smith, Missouri 4-H

Missouri 4-H offers a rich array of programs that can significantly enhance after-school programming, providing students with unique learning experiences beyond the traditional classroom. This presentation will showcase how integrating Missouri 4-H into after-school settings can foster youth development, inspire creativity, and build essential life skills. Attendees will explore various 4-H initiatives, including STEM clubs, environmental education, and leadership training, that are well-suited.

Creative Parent Engagement

Niesha Nelson, Unleashing Potential

In this workshop, participants will learn how to create activities to engage their parents that are beneficial for the and easy to implement for families wellbeing. Participants will leave with calendar outlines for their own parent engagements.

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Imaginative Connections through the art of Diamond Painting

Aileen Hunnell, Unwind Designs

Explore the importance of Imaginative Connections through Diamond Painting. Experience firsthand the educational and mindful benefits of diamond painting, learning how to implement a program that fosters creativity and relaxation. This hands-on workshop guides you through the process of unwinding and creating, leaving you equipped with tools to help your students, and yourself, engage in this calming and creative art form.

Burnout Happens: What It Is and How To Avoid It

Brad Lademann, Missouri AfterSchool Network (MASN)

Burnout is a very real problem that is often experienced by administrators and staff in the world of education. This interactive session looks at what burnout is and provides some strategies to better help you and your colleagues stay mentally healthy.

Exploring Possibilities with MASN Mobile STEM Lab

Richard Irwin, MASN

The Missouri AfterSchool Network STEM Mobile Lab transports an afterschool-designed lab of hands-on activities featuring Science, Technology, Engineering, and Mathematics to afterschool programs across the state of Missouri. In this session, attendees will get a hands on experience on how a visit would go.

The Curious Mind Wants to Know- Engaging Minds with Hands-On Science and Storytelling

Terri Johnson, Creative 3, LLC-Quirkles and Fuddlebrook Science Series

Let's get kids curious again! Get off the screens and get engaged. The Quirkles and Fuddlebrook Science Series has integrated science with storytelling. Learning has never been more fun! Eggs will fly, water will disappear, and potions will fizz all while making science relevant. You don't want to miss this session! Warning....there will be laughter!

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Smooth Transitions, Happy Kids: Hands-On Strategies for Afterschool Professionals

Samantha Majors, Bulldogs After 3

Join us for an upbeat and interactive workshop designed to equip afterschool professionals with fun and practical strategies for managing transitions. Dive into engaging activities like crafting visual schedules, creating catchy transition songs, and exploring dynamic movement breaks. You'll also build a personalized transition toolkit packed with tools to keep your students engaged and happy. Perfect for anyone looking to add a touch of creativity and fun to their afterschool program!

Missouri Connections New and Approved

Jackie Marling, SCRPPDC

Laura Harris, The Agency for Teaching, Leading, and Learning Missouri State University

Missouri Connections is a comprehensive, online career development and planning program provided free to all Missouri citizens. This training will provide an overview of Missouri Connections and the benefit in preparing students to be college and career ready.

Mastering the Art of Difficult Conversations and Effective Feedback

Erin Malone, Mission: St. Louis

This session is designed for managers, team leaders, and anyone looking to improve their communication skills in the workplace. Through interactive discussions, real-life scenarios, and practical exercises, you will leave with a toolkit of strategies to handle difficult conversations with confidence and deliver feedback that drives positive outcomes.

A Caring Community Revolution: The True Power of Afterschool

Janet Miles-Bartee, LINC & Carl Wade, LINC

Transform your after-school program into a courageous team that changes the lives of children and families by harnessing powerful resources through partnerships with government agencies, community partners and families. Learn how to challenge your imagination, unroot unconscious biases, take risks and build a creative and responsive program that helps children thrive by empowering families and building on your community's unique strengths.

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Young Professionals Meet-Up

Hailee Moehnke, Mizzen Education
Kim Albrecht, Clayton Kid Zone
Lorenzo Harrison, Lee's Summit Y-Club

Are you 35 or younger? Join Lorenzo Harrison of Lee's Summit Y-Club, Tyler Kearns and Kim Albrecht from Clayton KidZone, and Hailee Moehnke from Mizzen Education for a YP meet-up! Network with other OST professionals, learn about free resources designed with you in mind, and experience fun and play in a relaxed atmosphere.

The 5 minute Lesson Plan

Mikayla Oz, The Magician School

Join us for The Magician School's 5-Minute Lesson Plan! Led by Founder Mikayla Oz, this session is all about reclaiming your time as an after school provider. Learn how to create a week's worth of lesson plans in just 5 minutes, develop Standard Operating Procedures for your staff in a snap, and craft personalized parent welcome letters or emails in under 30 seconds. Discover the power of time-saving tools and techniques that will revolutionize your afterschool programming.

Learning is as Sweet as Honey

Caitlin Nichols, The Columbia STEM Alliance
Gable Nichols, Columbia Public Schools

Are you ready to explore the world of honeybee education through the eyes of a child? Come prepared to "educate the fear away" and see how honeybees can help us teach almost every subject to every child. This session will be full of hands-on activities to take back to your students right away. Don't have a school with a hive of bees? That's okay! Everything you learn at this session can be used in traditional and untraditional settings alike. Join us, it's sure to be sweet!

Exploring Your "Ikigai": Tapping Into Your Purpose, Power, and Potential

Erika Petrelli Bayh, The Extraordinary In You

Do you know your life's purpose? Do you feel that you are fully tapping into your power? Are you maximizing your potential? Participants of this workshop will use the "Ikigai" tool to explore those questions. Like a map for the soul, the "Ikigai" tool will allow participants the opportunity to ignite and unleash, with greater clarity, their unique gifts and value to offer their organization and their field.

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Unleashing Imagination: Incorporating Magic into Your Program

Mikayla Oz, The Magician School

In this session, let your imagination be inspired by the magic around you! Afterschool professionals will explore how simple magic tricks can enhance social-emotional learning, spark creative thinking, and encourage students to learn beyond the traditional classroom. Led by Mikayla Oz, expect hands-on demonstrations and practical strategies that foster connection, collaboration, and inspire a sense of wonder. Walk away ready to create magical, meaningful experiences for your students!

Bird By Bird: How To Tackle It All, One Step At A Time

Erika Petrelli Bayh, The Extraordinary In You

The world of youth development is filled with overflowing to-do lists, competing demands, constant "fires" that need tending, deadlines to be met... it can all feel impossible to accomplish. Participants of this workshop will learn tools and techniques for tackling it all, "bird by bird." Learning to prioritize and chunk their tasks, participants will leave feeling lighter and re-motivated to tackle the day.

No Experience Required: Incorporating STEM into your Out-of-School Programs

Jessica Packard, KCMO Parks & Recreation

In this interactive session, discover practical strategies for integrating STEM (Science, Technology, Engineering, Mathematics) into your youth programming. Whether you're a beginner or seasoned programmer, you'll leave with the tools necessary to both plan and facilitate programs that foster curiosity and inspire creativity among your participants. Attendees will learn and practice using the 5E Instructional Model and inquiry-based facilitation techniques to create a STEM program tailored to their organization.

Connection Before Correction

Jana Ramsey, Adventure Club

This session will drive home the importance of building connections and rapport with students in your program. When faced with the choice of guidance through fear or respect, let's choose respect. Through fun, interactive games & thoughtful conversation, we'll explore how to get to know your participants as the unique humans they are.

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I Have My Students All-Day? (A Guide to Full-Day Programming)

Janelle Stanek, Warren County R-III

Full Day Programming- How to keep my students and staff engaged and learning in the full day afterschool setting.

It starts with Connection

Luke Swartwood, Belton School District

Everything we do to impact each other and the next generation starts with connection and community.

DESE Updates

James Reed, DESE
Patrice Speed, DESE

This breakout session will cover updates and information for both 21st CCLC and SAC grants.

That's a FIRST Robotics Moment!

Laura Roth, FIRST in Missouri
Leigh Ann Carpenter, FIRST in Missouri

FIRST is a global robotics community preparing young people for the future. We have programs for ages 4-18. Facilitator guides, professional development, camp guides and more. Come see how easy robotics can be for you!

Little Chefs, Big Lessons: Empowering Educators in Culinary Education

Jennifer Reed, Bulldogs After3

Join us for an interactive cooking class designed to equip educators with the skills and confidence to engage children in the culinary arts. This hands-on workshop will explore a variety of fun and educational cooking activities suitable for the classroom environment. Participants will learn essential techniques for preparing simple, nutritious meals that inspire children to explore new flavors and develop healthy eating habits.

"Bless my Bandwidth!"

Renée Reed-Miller, Reed-Miller Group

Bless my Bandwidth is a well-being workshop designed to build capacity of staff and caring professionals to flourish. Are you 'weary in well-doing' or do you simply need a moment to refuel? Join us to explore practical ways we can recharge physical reserves, reset our brains, and build emotional intelligence. All of these techniques can be used at home, in the classroom, and family events. This workshop is packed with practical ways to restore equilibrium--of your mind, body, and spirit!

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Artful Impressions: A Creative Journey into Gelli Monoprinting

Joy Taylor, St. Louis Public Schools
Chevelle Stewart, St. Louis Public Schools

Gelli printing is an innovative and accessible monoprinting technique that transforms ordinary materials into extraordinary works of art. Using a soft, gelatin-like plate, artists can experiment with vibrant colors, dynamic textures, and intricate patterns. Each print is a unique masterpiece, capturing the spontaneity and creativity of the moment. Perfect for beginners and seasoned artists alike, Gelli printing encourages playful exploration and endless artistic possibilities.

Behavior Management Training That "Sticks": Strategies for Direct Service Staff Brandis Stockman, National League of Cities

Have you attended multiple trainings related to behavior management and still struggle with various behaviors in your OST program? You are not alone! This is likely the most difficult part of your job, but is arguably the most important. Join this session to learn about guiding positive behaviors using a method that is sure to "stick" with you, and come away with ideas you can implement in your program immediately.

TikTok Made Me Do It

Erica Schadeegg, Kids' Safari
Allyssa Ferguson, Fort Discovery

In this interactive training session, we will delve into the intriguing world of TikTok and its profound impact on program activities. TikTok has revolutionized the way we consume content, influencing everything from lesson planning to cooking activities and projects. Attendees will get the opportunity to participate in some hands-on TikTok inspired activities. Experience firsthand some of the popular DIY projects and crafts that have gained popularity on TikTok.

The World of Real Estate- The Entrepreneurial Journey

Gwendolyn Taylor, Flip That House The Board Game LLC
Janelle Stowers, Stowers Realty Group and Realty Central

The World of Real Estate will introduce participants to the world of real estate and the entrepreneurship. The workshop will demonstrate to participants how the topic of real estate can be incorporated into after school programs to help create the entrepreneurial mindset and expose participants to the world of real estate, the trades and the entrepreneurial journey as a whole.

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Behavior Management Training That "Sticks": Strategies for Supervisors

Brandis Stockman, National League of Cities

Are you a supervisor who struggles to train staff in behavior management? The Training That "Sticks" model provides an approach to behavior management training that promotes ongoing staff growth and development, designed specifically for supervisors who face the unique challenges of the OST workforce. Join this session to learn how to incorporate specific behavior management training strategies into your programs and walk away with a training structure and curriculum to implement with your team.

NBA Math Hoops - Creating the Next Math Champion

Hunter Strickland, Learn Fresh

NBA Math Hoops leverages the game of basketball and the NBA/WNBA brands to build fundamental math and social-emotional skills through a basketball-themed board game, curriculum, and community program experience. Educators will learn best practices for implementing the NBA Math Hoops game and curriculum, gain access to the Learn Fresh program management platform and all program materials, and learn about opportunities to extend students' learning through community events.

Drama Dynamics: Unleashing Potential in Young Performers

Leslie Uder, Boswell Elementary/Lebanon RIII School District

In this session, we delve into the benefits of starting and sustaining a dynamic drama club within your after school community. From fostering creativity and self-expression to building confidence and collaboration skills, discover how drama clubs serve as a vibrant platform for nurturing holistic development in young learners. Through interactive discussions and practical insights, participants will gain valuable strategies for establishing a thriving drama club, including curriculum development.

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SPARK SESSION (.5 CLOCK HOURS)

You Gotta Laugh! Using Humor and Laughter to Improve Your Health, Your Attitude, and Your Program!

Clint Darr, Missouri AfterSchool Network

Laughter: the best medicine for all that ails us! Embrace the power of laughter and humor and learn how it can improve your out-of-school time program and energize you, your staff, and your students! Discover the physical, emotional, and social benefits of laughter and humor, and when not ROTFL, hear anecdotes, tips, and strategies for using humor and laughter in your out-of-school time program as well as in your personal life. LOL as we practice various laughter yoga activities!

Everyday Moments

Shameka King, Better Family Life

Everyday moments are windows of opportunity that you can do at home, in the car, in the grocery store to enhance your relationship with your child and their development. These are those moments in the classroom where you remember the impact you want to make on that child. People might not remember what you did but they will remember how you made them feel.

Play with Purpose

Hailee Moehnke, Mizzen Education
Kristin Stayer, Mizzen Education

This fast-paced and interactive workshop will model what we want youth to experience in their expanded learning program! Discover quick, easy-to-implement games that encourage youth to learn through challenges and problem-solving as we unpack the importance of play in learning and education. Join us to get pumped up and energized with our playful competitions and matches while learning about all the free resources Mizzen Education has to offer!

Get Up and Dance

Arianna Davis, Bartlett Center/The Dance Arts Center

Let's Get Up and Dance! Dance is more than just moving your body to the beat of the music. Dance benefits children and adults alike by increasing self-confidence, relieving stress, and boosting mental health. Come learn a line dance with me and boost those endorphins!

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Service-learning projects in afterschool settings

Natalie Hampton, Missouri AfterSchool Network

Deborah Taylor, Missouri AfterSchool Network

Service-learning is an approach to teaching and learning in which students use academic and civic knowledge and skills to address genuine community needs. The process can engage youth who feel disconnected from their schools and communities, preparing them to be lifelong members of a democratic society. Attendees will learn the practical considerations for starting a service-learning project in an afterschool program, how to make it impactful and the steps in the service-learning process.

The Impact of Senate Bill 1111 on School-Age Programs

Kayla Todaro, Department of Elementary and Secondary Education, Office of Childhood

Caron Ahlemeyer, Department of Elementary and Secondary Education, Office of Childhood

Senate Bill 1111 updated wording in Section 210.275, RSMo that requires any licensed program caring for school-age children to receive inspections from Office of Childhood (OOC) staff. However, certain items regarding the premises are not part of the inspection. These programs are not inspected by fire safety and sanitation. In this session, OOC, Compliance staff will provide an overview of licensing rules that apply to these types of school-age programs.

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